



Student Packet (9-12 Program)

Partnering for Eternity is a scholarship program that seeks to provide students with opportunities to serve, ease senior isolation, and help with tuition assistance. This program was founded in 2006, inspired by a child who connected with an older adult, creating a lifelong friendship. We are currently partnered with 150+ Seventh-day Adventist schools across the United States who are receiving the rich blessings of PFE (Partnering for Eternity).

PFE Statistics

4,000+ students have participated across the US

900,000 hours spent in visitation since 2006

Over \$14 million in tuition assistance since 2006

Grades K-8 Earning Potential: \$1,320 per year

Grades 9-12 Earning Potential: \$1,600 per year

Your 2024-2025 PFE Coordinator_____

Phone_____

Email_____

Steps for a Successful PFE Year

1. Attend PFE Orientation
2. Choose your mentor and ask for their information
3. Submit commitment form
4. Submit PFE Student Application: [Home - PFE \(sffcfoundation.org\)](http://Home - PFE (sffcfoundation.org))
5. Schedule your 14 weeks of visits with your mentor, make visits
6. Submit a reflection upon completion of 2-hour visit each week

We are looking for students who are:

1. Passionate about service
2. Eager to build a lifelong friendship with their mentor
3. Intentional and creative with their visits
4. Committed to visiting together for 2 hours/week for 14 weeks/term
5. Desire to positively impact your mentor's life
6. Excited about Christian education

You need a mentor who is:

1. Age 55+
2. Available for 2 hours/week for 14 weeks/term
3. Excited to spend time with you
4. Lonely or isolated
5. Needing help around their home
6. Cognitively healthy
7. Not living in a nursing home
8. Not related to you by any degree (including stepfamily members)

How PFE Scholarship Works:

- Visit your mentor for 2 hours each week, for 14 weeks, per term.
- Submit a reflection online upon completion of 2-hour visit each week
 - no later than 24 hours after your visit
- Receive an \$800 tuition scholarship from PFE
- ****Students not completing all requirements will not receive scholarship***

Creating A Student Account

1. Go to <https://pfe.sffcfoundation.org/>
2. Choose “Student Application”
3. Complete and Submit Student Application
 - a. Each student must have their own email address
 - b. Your mentor's information is required for this application
 - c. Parent will need to sign consent to receive/opt-in to text messaging
4. Upon account approval, you will receive an email prompting you to set up a password. Please check your junk/spam mail to ensure your confirmation email does not get lost.
5. Be sure to follow password requirements. This is the login you will use to submit all 14 of your reflections for the term.

Submit a Reflection

1. Go to <https://pfe.sffcfoundation.org/>
2. Using your email and password, log in (using website or PFE app)
 - a. If you cannot remember your password, choose “forgot password”
 - b. You will receive an email prompting you to set up a new password
 - c. Contact your coordinator immediately if unable to log in.
3. On your dashboard, choose “submit new reflection”
4. Fill out reflection and submit (remember to upload any pictures with your mentor/of your activities during the visit)
 - a. You and your coordinator will receive an email notification when your reflection has successfully submitted.
 - b. You can also verify reflection submission via your PFE dashboard
 - c. It is your responsibility to check if your reflection was submitted properly.
 - d. If unable to submit due to technical issues, you must immediately communicate with your coordinator or PFE Administrator at pfe@sffcfoundation.org
5. Your coordinator will review each reflection. They will mark it as ‘approved’ or ‘rejected.’ You will get an email notification. If your reflection is rejected,

your coordinator will state improvement needs. You will need to adjust the reflection and resubmit (within 2 weeks of original submission) for review. Only approved reflections will count towards scholarship requirements.

Choosing a Mentor

PFE was originally designed for mentors to benefit from student visits, decreasing their loneliness and isolation. Over time, we realized that students also benefit tremendously from spending time with their mentor.

A good mentor is someone who

- Must be 55 or older
- Has a desire to be a mentor
- Has similar interests or hobbies to you
- Is cognitively healthy (no dementia or Alzheimer's)
- May need help around the house/yard
- Is available for 2 hours/week each term.
- Does not live in a nursing home
- Is not related to you

Interacting with your mentor

- Be respectful and attentive, show compassion
- Listen patiently
- Ask clarifying questions, and speak clearly
- Practice active listening
- Ask how you can be helpful
- Show up on time, communicate in you need to reschedule your visit
- Say 'thank you'

Schedule Your Visits

- 14 weeks of visiting must be completed per term (1 visit allowed per week, no exceptions)
 - Fall Term: August 18 - December 31
 - Spring Term: January 1 - May 17
- Decide with your mentor what you will do each week for visits (games, yard work, hobbies, etc. Check out the 'resources' page on the PFE website for ideas)
- Let your mentor know if you will be late or unable to make your scheduled visit

- Make-up visits are not allowed. Plan ahead and start visits immediately.
- No visits are allowed during Sabbath hours
- No virtual visits are allowed. Each visit must be conducted in-person.
- Time attending movies/entertainment venues/school events/cleaning church or school/helping teacher in classroom or other workplace is not eligible for PFE scholarship.

PFE Guidelines

Students and mentors are matched one-to-one Successful matches between a student and a mentor include a one-to-one match. Both mentor and student benefit from PFE if, at the end of each visit, they wish they had more time together. We recommend you seek mentor matches that ease senior isolation.

Mentors are not to be family mentors, no matter how distant. The PFE Scholarship was developed to support students' Christian education through building intergenerational relationships with someone outside of their family.

Mentors are not to be nursing home residents Due to the health concerns presented by COVID-19, visitation occurring in nursing homes will not be permitted.

Mentors are to be cognitively healthy We do not allow mentors with dementia or Alzheimer's disease. This is so true mentorship can occur as mutually beneficial relationships are built and for student and mentor safety. We certainly see the benefit of visits to all but desire that PFE participants build cognitive relationships.

Scholarship funds will not be allocated for church or school activities that students and mentors attend together. Scholarship visits are also not to occur during Sabbath hours While we encourage and love to hear about mentors and students attending church and school programs together, the PFE scholarship fund is awarded for one-on-one time a student and mentor are spending together in the mentor's home.

Students will complete a reflection for each visit within 24 hours of the visit. Writing reflections is an opportunity for the students to think, process and report on their visits and to confirm that relationships are developing. We encourage coordinators to be diligent when approving reflections.

Coordinators will review reflections weekly and meet with students who do not appear to be consistently visiting and forming a relationship with their mentor We ask that coordinators

approve students' reflections weekly. Feedback will be given in the "Reflection Log" by the coordinator.

Students will attend a PFE program orientation prior to first visit

Orientation to PFE for students is important to assure that participants understand the intent of the program and the guidelines. Orientations should occur at the beginning of the year (or term) and is unpaid time. The PFE Administration is happy to provide various training materials.

Activity Suggestions

- Learn or share a new hobby
- Help with chores (raking, sweeping, organizing, vacuuming)
- Cook/bake or create a recipe book
- Crafts and art (knitting, painting, drawing)
- Learn about economic responsibility (budget, saving, tithe)
- Create a funny video together or share stories about your life
- Go on a picnic
- Play games or work on a puzzle together
- Write poetry
- Discuss your future career options
- Interview each other
- Explore countries/cities on Google
 - Create a bucket list
- Teach your mentor about technology
- Exercise or go for a walk
- Garden
- Listen to a podcast or read a book
- Make a family tree
- Create a timeline of your mentor's life
- Make a vision/life board

Unacceptable Activities

- Watching TV all the time
- Being on your phone or ignoring your mentor
- Visiting your mentor's home while he/she is away
- Sharing mentors
- Bouncing between mentors
- Visits happening at a school event, entertainment venue, or during Sabbath hours
- Helping clean church/school, helping teacher with classroom/students

Commitment Form

Welcome to the Partnering for Eternity family! We are excited that you are participating in PFE this year. We know you will make a difference in the life of your mentor, participate in service activities, and benefit from PFE scholarship.

Commitments:

- Support your local PFE team in selecting a great mentor match (non-relative) for your child.
- Understand student needs to visit mentor weekly for 14 weeks each term.
- Understand that if your student does not complete all requirements, they will not receive scholarship funds
- Attend student/parent orientation
- Help your child set up an account on the reporting website
- Decide if you will transport/supervise weekly visits (you are responsible for them) Communicate your plan with your local PFE coordinator
- Make sure your child follows the reflection submission guideline
- Communicate with your local PFE coordinator about any concerns or challenges

Making these commitments is crucial to your child's success in PFE.

Safety: parents of students in the 9-12 program are responsible for the safety of their child. Parents will decide if the student may or may not attend visits without the parent in attendance.

I understand and agree to follow the PFE guidelines presented in the student/parent orientation and listed on sffcfoundation.org/pfe website.

Parent Name _____ Parent Signature _____

Student Name _____ Student Signature _____

Mentor Name _____ Mentor Signature _____

**This form must be returned to your PFE coordinator prior to mentor visits starting.*

Student Profile

Student First Name _____ Last Name _____

Grade _____ Email _____

Phone _____

Parent First Name _____ Last Name _____

Phone _____ Email _____

Please tell us why you would like to participate in PFE

Mentor Profile

Mentor First Name _____ Last Name _____

Age (must be 55+) _____

Address _____

Email _____

Phone Number (____) _____

How do you know this mentor? _____

Has this person agreed to be your PFE mentor? Yes Not Yet