



## **Mentor Packet (K-8 Program)**

### **Reflecting Christ Through Service, Growth, and Friendship**

Partnering for Eternity's mission is to provide opportunities for service and mentorship, while supporting students who are in the program through tuition assistance. The program was founded in 2006, inspired by a child who connected with an older adult, creating a lifelong friendship. Over 160 schools across the United States currently have students and mentors who are receiving the rich blessings of PFE. Welcome to the PFE family!

### **Program Basics**

- ◇ Students are paired with a mentor for the school year
- ◇ Pairs spend 1 hour together each week in shared activities
- ◇ Mentor receives blessings of an 'adopted' grandchild, companionship, and a helping hand around the home or yard
- ◇ Student and family receive the blessings of an 'adopted' grandparent, your knowledge and mentorship, and tuition assistance

## What Does It Mean to Be a PFE Mentor?

### Your Commitments

1. Spend one hour, once per week with your student mentee throughout the school year (*Aug or Sept – May*)
  - a. Time spent during Sabbath hours, at church, school, or community events does not count towards PFE time.
  - b. Students can make up one visit per month so if you are sick or must miss a week due to vacation, that is okay.
2. Complete an entry and exit survey to help PFE Administration learn from your experience and improve the program. Survey will be emailed.
3. Help plan each visit and then be present with your mentee during your weekly visit. *If you want them to help with chores, you should be working together and can talk or teach them something.*
4. Provide a safe environment for your mentee while they are spending time with you. Their parent is required to be present each week as support.
5. Communicate with your local PFE team if you have any concerns or if you believe your mentee is in any danger or trouble.

### Blessings of Being a Mentor

1. You benefit from having a young person in your life, both from the relationship you form, and the service you provide each other.
2. You help your mentee grow into a caring and capable adult through your mentorship. You may never know the impact you make!
3. You help a child with defraying the cost of a Seventh-day Adventist education.

## **A Guide to Your First Visit**

Your first visit in the program can be daunting, even if you have participated in past years. Every student/mentor relationship is unique, and it may take a few visits to find the ways in which you work best together. Here are some ideas -

1. Ask “Get to Know Each Other” questions
  - a. When is your birthday? (write it on the calendar below and plan something special)
  - b. Do you have any siblings? Tell me about them.
  - c. What is your favorite color?
  - d. What is your favorite food? (write it down and plan to cook together)
  - e. Do you like fruit or veggies more?
  - f. Do you have any pets? If so, tell me about them.
  - g. What is your favorite animal?
  - h. What is your favorite holiday? (write it on the calendar below and plan something special)
  - i. What is your favorite class in school?
  
2. Fill in the PFE calendar (ask your local PFE team if you don't have one)
  - a. Plan your semester of visits
    - i. If you pick a specific day/time of week to visit, set up a Plan B for missed visits.
  - b. Make note of holidays/vacation time
    - i. Plan for when you will make up those visits
  - c. Plan for ‘special activity’ visits (cooking dinner, birthday get-together, etc.)
  
3. Make a list of activities for your future visits
  - a. Reference the activity list below if you run out of ideas

## Activity Suggestions

- Learn or share a new hobby
- Help with chores (raking, sweeping, organizing, vacuuming)
- Build something
- Cooking/baking
- Crafts and art (knitting, painting, drawing)
- Have your mentor teach you about financial responsibility (budget, saving, tithe)
- Create a funny video
- Have an indoor/outdoor picnic
- Tell stories
- Play board/card games (Uno, Monopoly, Scrabble)
- Do a puzzle
- Write a poem together
- Go for a walk
- Discuss your future career options
- Interview each other
- Explore other countries/cities on Google
- Teach your mentor about technology
- Make a recipe book
- Plan a "Show and Tell"
- Exercise together
- Gardening
- Read aloud
- Make a family tree
- Sidewalk/driveway chalk
- Create a life timeline
- Work on homework together
- Play word or imagination games (Word Chain, Going on a Trip, I'll pack.. 20 questions)